



<b>Health Grade 4</b> <b>(Sharing What It Means to Be Healthy)</b> <b>Decision-Making (DM)</b>				
<b>OUTCOMES</b>	<b>1 – Little Evidence</b> With help, I understand parts of the simpler ideas and do a few of the simpler skills.	<b>2 – Partial Evidence</b> I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	<b>3 – Sufficient Evidence</b> I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	<b>4- Extensive Evidence</b> I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>DM 4.1</b> <b>I can investigate the importance of personal responsibility and communication in making informed decisions related to healthy eating and physical activity, prevention/management of health challenges, negotiating disagreements, safety and protection, personal identity, and stressors.</b>	<b>• With help, I can identify</b> opportunities to demonstrate personal responsibility when making decisions related to <b>A FEW:</b> <ul style="list-style-type: none"> <li>- Healthy eating and physical activity</li> <li>- Prevention/management of health challenges</li> <li>- Negotiating disagreements</li> <li>- Safety and protection</li> <li>- Personal identity</li> <li>- Stressors</li> </ul>	<b>• I can identify</b> opportunities to demonstrate personal responsibility when making decisions related to <b>MANY:</b> <ul style="list-style-type: none"> <li>- Healthy eating and physical activity</li> <li>- Prevention/management of health challenges</li> <li>- Negotiating disagreements</li> <li>- Safety and protection</li> <li>- Personal identity</li> <li>- Stressors</li> </ul>	<b>• I can identify</b> opportunities to demonstrate personal responsibility when making decisions related to <b>ALMOST ALL:</b> <ul style="list-style-type: none"> <li>- Healthy eating and physical activity</li> <li>- Prevention/management of health challenges</li> <li>- Negotiating disagreements</li> <li>- Safety and protection</li> <li>- Personal identity</li> <li>- Stressors</li> </ul>	<b>• I can demonstrate</b> personal responsibility when making decisions related to : <ul style="list-style-type: none"> <li>- Healthy eating and physical activity</li> <li>- Prevention/management of health challenges</li> <li>- Negotiating disagreements</li> <li>- Safety and protection</li> <li>- Personal identity</li> <li>- Stressors</li> </ul>
	<b>• I can recognize</b> examples that demonstrate personal responsibility <b>OR</b> those that do not.	<b>• I can identify</b> examples that demonstrate personal responsibility <b>AND</b> those that do not.	<b>• I can compare</b> examples that demonstrate personal responsibility <b>AND</b> those that do not.	<b>• I can propose</b> the possible outcomes/consequences of demonstrating personal responsibility.
Comments				